



Policy: 4200
Procedure: 4200.14
Chapter: Behavior Health
Rule: Twelve-Step Model of Recovery

Effective: 3/1/09
Replaces: N/A
Dated: N/A

Purpose:

The suggested effectiveness of pairing the Twelve-Step model of recovery with evidence based practices (EBP) has led to the development of a partnership between the Arizona Department of Juvenile Corrections (ADJC) and the Twelve-Step Community. The twelve steps are principles by which members recover and the twelve traditions are the principles by which the society functions. In order to fully partner with the Twelve-Step Community, ADJC must respect the culture of the fellowship, i.e., the twelve traditions.

Rules:

1. **The ADJC VOLUNTEER COORDINATOR OR DESIGNEE AS DETERMINED BY THE SUPERINTENDENT AT EACH FACILITY** shall act as a go-between with:
 - a. The local Twelve-Step Hospitals and Institutions Committee to engage a Twelve-Step coordinator, meeting chairs, and speakers; and
 - b. The Twelve-Step Coordinators from each Twelve-Step program involved (Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Cocaine Anonymous (CA), Al-Anon, etc.)
2. **ALL TWELVE-STEP VOLUNTEERS** shall comply with ADJC background clearance in accordance with Procedure 1160.03 Background Investigation and Clearance.
3. The **ADJC VOLUNTEER COORDINATOR/DESIGNEE AT EACH FACILITY** shall maintain a list of Twelve-Step volunteers who have successfully completed this process.
4. The **MULTIDISCIPLINARY TEAM** shall select juveniles for attendance based on the following:
 - a. Juvenile wants to attend the meeting;
 - b. Juvenile is at minimum in the contemplative stage of change with regard to his/her substance use; and
 - c. Juvenile's behavior is appropriate.
5. The **ADJC VOLUNTEER COORDINATOR/DESIGNEE AT EACH FACILITY** shall ensure that the Twelve-Step Coordinator from each Twelve-Step program (i.e. AA, NA, CA, Al-Anon etc.) involved agrees to the following responsibilities:
 - a. Communicate with the ADJC Volunteer Coordinator/Designee;
 - b. Act as a go-between with the Twelve-Step volunteer chair, co-chair, speakers, and the ADJC Volunteer Coordinator/Designee;
 - c. Report to the Twelve-Step Hospitals and Institutions Committee with needs and progress;
 - d. Ensure facility policies are upheld by all chair, co-chair, and speakers including reviewing relevant policies with volunteers;
 - e. Ensure the twelve-traditions are upheld by chair-people and understood by the ADJC Volunteer Coordinators; and
 - f. Meet the recommended minimum of three years of being clean and sober.
6. The **ADJC VOLUNTEER COORDINATOR/DESIGNEE AT EACH FACILITY** shall ensure that the Twelve-Step meeting chairs agree to the following responsibilities:
 - a. Chair Twelve-Step meetings;
 - b. Arrange for speakers to attend the meetings;
 - c. Bring Twelve-Step approved literature and books (with facility approval);
 - d. Arrange with Twelve-Step coordinator to pick up literature and ensure facility approval;
 - e. Adhere to all facility policies and the twelve traditions;

- f. Meet the recommended minimum of one year of being clean and sober; and
 - g. If able, arrange for a meeting co-chair.
7. The **ADJC VOLUNTEER COORDINATOR/DESIGNEE AT EACH FACILITY** shall ensure that the Twelve-Step co-chair agrees to fulfill the responsibilities of the chair in his/her absence.
8. The **ADJC VOLUNTEER COORDINATOR/DESIGNEE, TWELVE-STEP VOLUNTEERS, AND MULTIDISCIPLINARY TEAM** shall not require a juvenile to participate in a Twelve-Step program should the juvenile object based on religious grounds.

Signature Date

2/25/09

Approved by Process Owner

Julie Treinen, M.A., L.P.C., L.I.S.A.C.
Substance Abuse Treatment Coordinator

Effective Date

3/1/09
3/31/09

Approved by

Michael D. Branham, Director